



Welcome!

TYPE IN CHAT: NAME & LOCATION



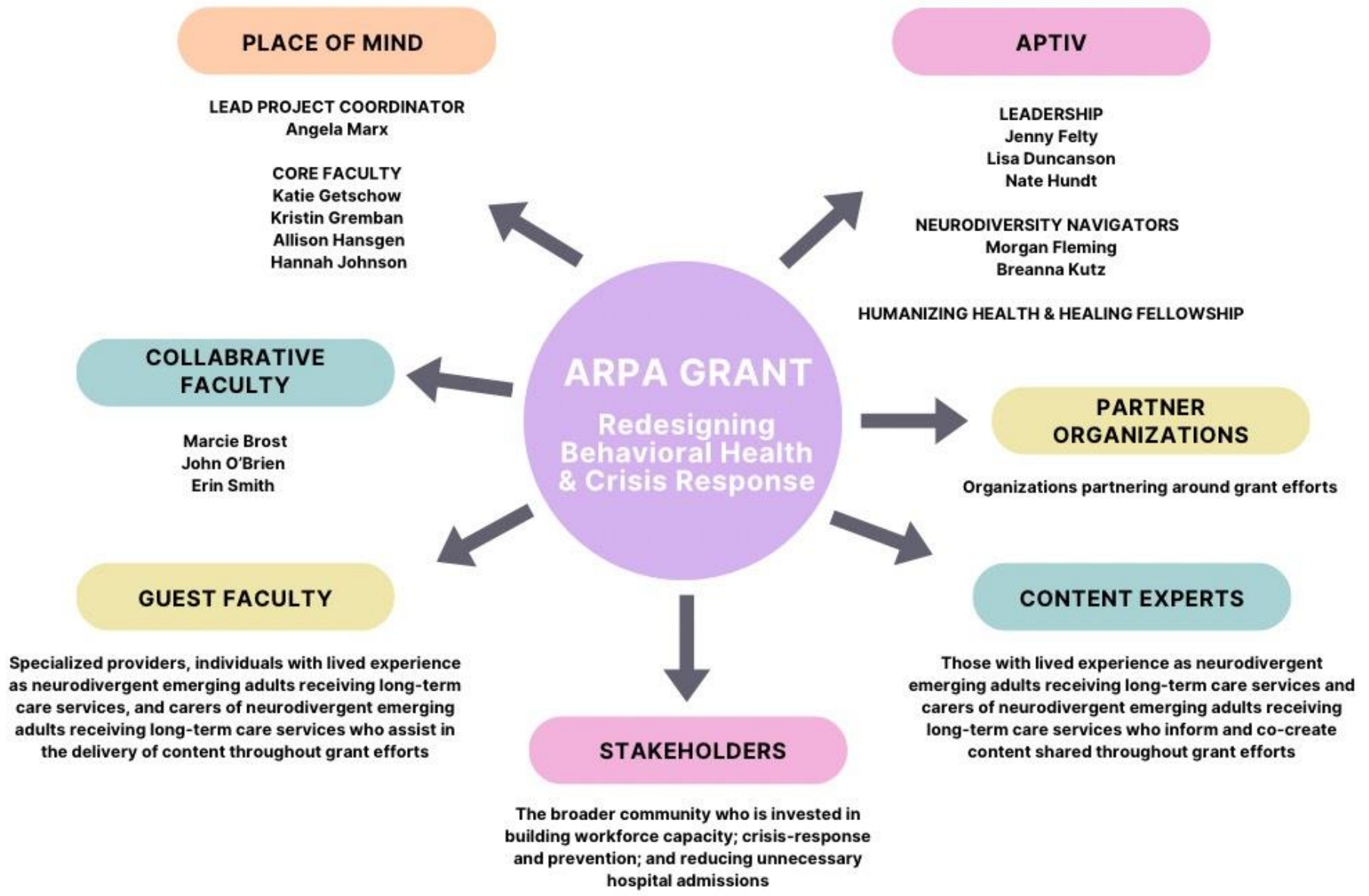
Redesigning Behavioral Health & Crisis Response

THROUGH HOLISTIC HEALTH &
NEURODIVERSITY

IN THE CONTEXT OF DISABILITY
& LONG-TERM CARE



Co-creating With..





Why?

*When stuff comes
up (concerning
behaviors/ crisis/
mental health
emergencies).....*

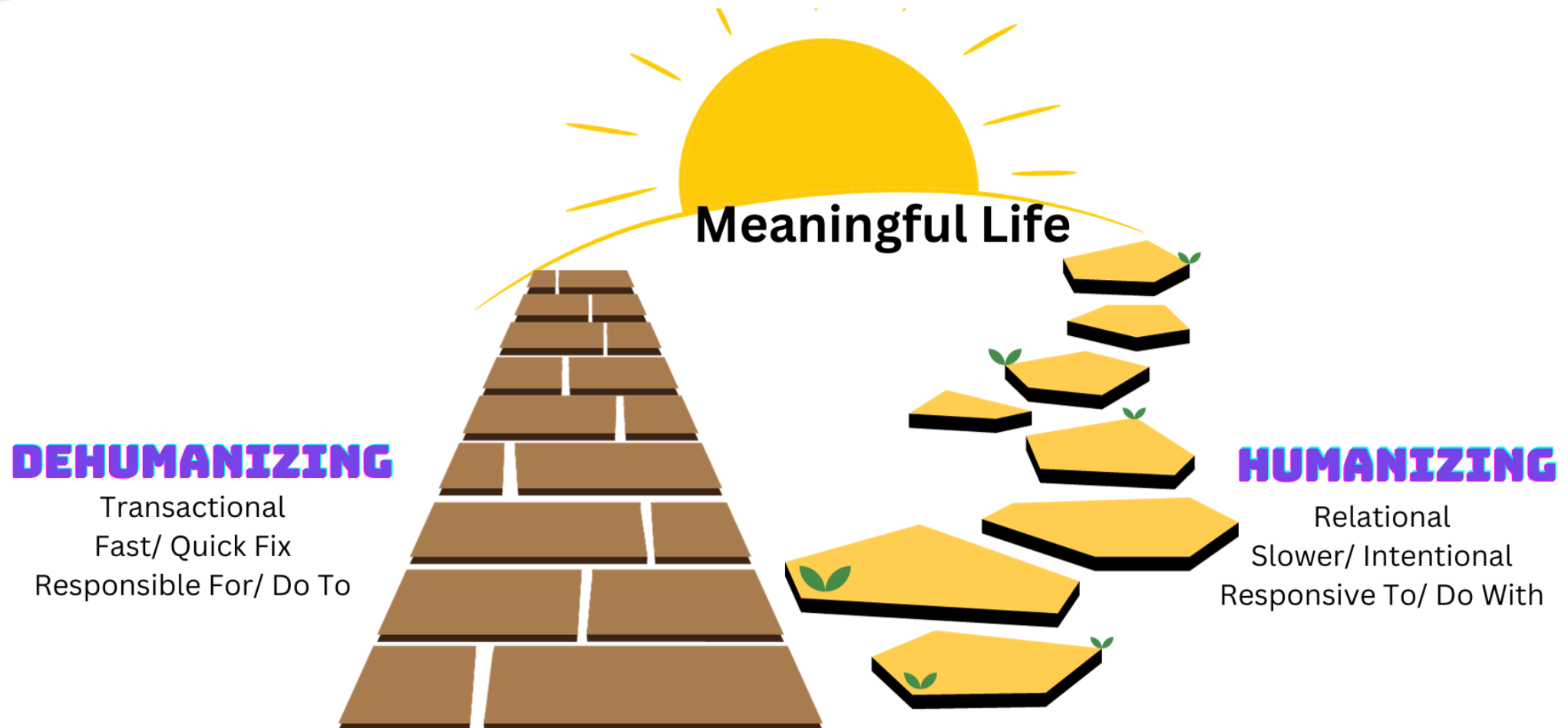
The human gets lost



*Something we
need to stop*



Co-Creating A Different Path as a Common Sense Response



The Redesign: HUMANIZING

Neurodiversity

- Differences not deficits
- Inclusion & accessibility
- Supports & accommodations

Health & Wellness

- Brain & body science
- Lived experience
- Individualized

Self-Advocacy

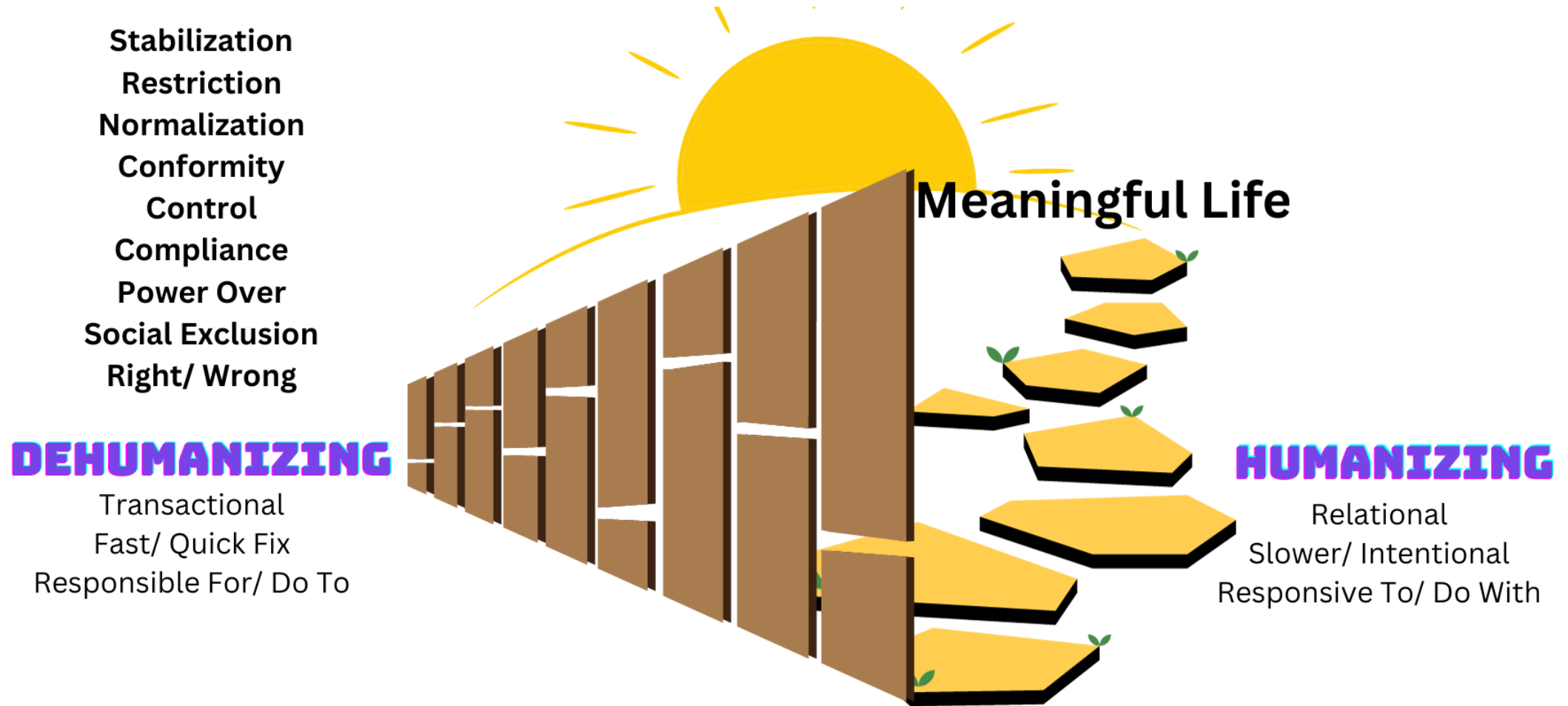
- Understanding self
- Identity
- Everyday life decisions

Psychosocial/ Human Needs

- Support network
- Citizenship
- Basic human needs



Co-Creating A Different Path as a Common Sense Response



THE WALL

Loss of community	Isolation	Loss of agency
IMD Admissions	ER Utilization	Reliance on police
Focus on Dx Rx	Psych Meds	Rights Restrictions
Low Expectations	Short-term Fix	Limiting habits
Dehumanizing Structures	Funding Constraints	Professional Dominance

Devaluation & Social Exclusion

2.0



*Disrupting the
Social Exclusion of
Neurodivergent
Emerging Adults*



*When stuff comes
up (behaviors/ crisis/
mental health
emergencies).....*

The human matters most



*Someone we
need to support*



Creating **capacity and community** to enhance quality of life; promote wellness; and address inclusion & citizenship.



Intentions

Advocacy

- Better understanding of self and psychosocial & support needs
- Practical strategies and support to prevent crisis and feel better prepared to respond to concerns when they are experienced

Inform

- Crisis prevention & response models
- Children & adult HCBS system
- To reduce admissions and readmissions of crisis hospitalizations

Community

- Communities of care & support
- Opportunities for members become moderators/facilitators (peer support)
- Specialized certifications and career development opportunities

Build Capacity

- Priority on psychosocial needs and advocacy in everyday life
- Diversity in support that counters isolation
- Alternatives to restrictions and rights limitations



CERTIFICATE/TRAINING



TRANSITION



LONG TERM CARE



COMMUNITY BEYOND LTC



**PROFESSIONALS
SUPPORTING
NEA**



**NEURODIVERGENT
EMERGING ADULTS
(NEA)**



**CARERS
SUPPORTING
NEA**

CLINICAL OVERLAP



**WHAT ELSE MIGHT BE INCLUDED IN THE JARS?
IS THERE A JAR MISSING?**



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Professionals Supporting NEA: Humanizing Health & Healing Fellowship

- 6 weeks with Aptiv leadership
 - Orientation to humanizing
 - Co-created fellowship opportunity specific to Aptiv
 - Identified fellows
- 2.5 hour virtual sessions over 18 weeks with fellows
 - 6 weeks foundational experiential learning
 - 100% of fellows chose to continue
 - 12 weeks of continued experiential learning with opportunities to integrate
- Co-created a humanizing curriculum for professionals
- Overall, fellows reported more confidence in understanding and supporting psychosocial needs after 18 weeks



Co-Learning with Fellows: Reflections from the Fellowship

Samantha Kanouse
Morgan Fleming
Savvas Mourtzis
Cassy Behm



Cassy's Reflections...

On Caregivers/ Providers

- "It allowed us to reflect on our jobs and curate strategies that would allow for more energy rather than depletion."
- "Providers and mental health professionals cannot provide quality care and support to those who are in need if we are depleted, not cared for, or not supported."
- "It is important in this field that we also take time to care for ourselves so we can provide the best possible care for those that we serve."

On Joining with Individuals

- "A lot of discussion is had with an individual's care team which in turn leads to decisions being made by those entities rather than the individual."
- "This fellowship has allowed me to broaden my perspective with those we serve and ask the questions directly to them. Hearing the words directly out of the participant's mouth has opened up opportunities for participants and uncovered things I did not know before."
- "Quieting out the noise around and focusing on the individual's wants and needs for their own life has been a change in mindset that I am very grateful for following this fellowship."



Professionals Supporting NEA: Neurodiversity Navigators at Aptiv

- Introducing Morgan and Breanna
- Humanizing within Aptiv
- Partnering with other groups, individuals, efforts
- Co-facilitating groups
- Joint exploration and emergence of position



Professionals Supporting NEA

REFLECTING UPON

ABLEISM, OPPRESSION,
& STIGMA

PROFESSIONAL &
RELATIONAL BOUNDARIES

SUPPORTS &
ACCOMMODATIONS

NEURODIVERSITY

THE HISTORY OF
DISABILITY

RELATIONSHIPS

INTERSECTION OF
MENTAL HEALTH

TRAUMA, STRESS, &
HEALING

ENERGY REGULATION

OUTCOMES &
GOALS

MEANING &
PURPOSE

SEE/ FOCUS
ON THE
HUMAN NOT
THE BEHAVIOR

DETECT & PUSH BACK
ON ABLEISM TO OFFER
GREATER POSSIBILITIES

DISMANTLE POWER
DYNAMICS BY JOINING
WITH & CO-CREATING

PROCEED WITH
CURIOSITY RATHER
THAN JUDGEMENT

SIT WITH AMBIGUITY &
UNCERTAINTY VS.
QUICK FIXES

IMPACT

THINK CRITICALLY &
CREATIVELY FROM A
NEURODIVERSITY-
AFFIRMATIVE LENS



Neurodivergent Emerging Adults (NEA)

- Individualized Co-Learning
- Group opportunity co-facilitated by Aptiv/ Neurodiversity Navigators (November-April)
 - Self-advocacy in everyday life
 - Experiences and opportunity in a safe and supportive space
- Co-creating a curriculum with NEA's as content experts
- Community of care and support



Carers Supporting NEA

- Individualized Co-Learning
- Group opportunity co-facilitated by Aptiv/
Neurodiversity Navigators
 - Learning with and informed by NEA group
- Co-creating a curriculum with Carers and NEA's as content experts
- Community of care and support



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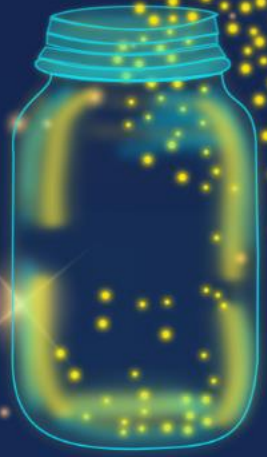


CLINICAL OVERLAP



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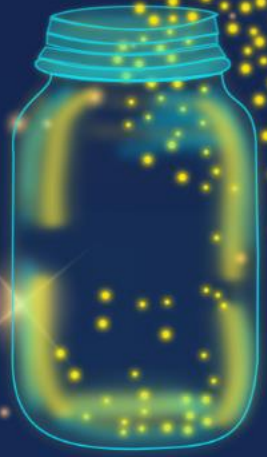




Training/ Certification

- Co-creating Humanizing Curriculum with neurodivergent emerging adults, professionals, carers
 - Affirms neurodiversity
 - Reclaims, redefines, and seeks wellness for all
 - Interrogates the systems
- Upcoming training series for all

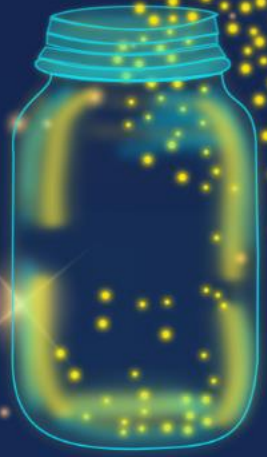




Transition

- Schools
- Services
- Systems
- Coalitions & initiatives
- Eligibility
- Healthcare
- Living & life

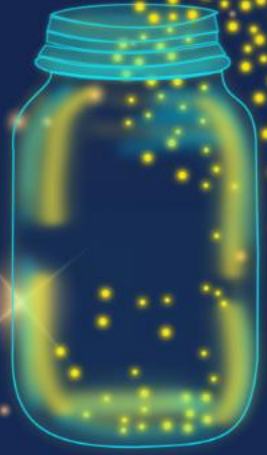




Long-Term Care

- Transition of systems, services, supports
- Loss of structure, support, socialization
- Making decisions about life that becomes more difficult to change and adjust as continue to develop and evolve
- Guardianship & family considerations: doing for vs doing with
- Allowing for time, growth, experiences
 - Risks and trying things out- "Learn by living"

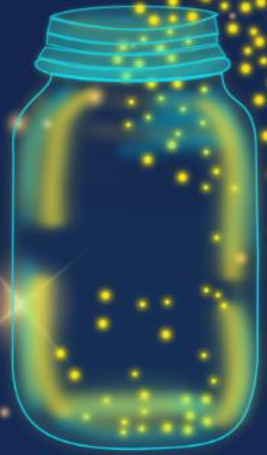




Beyond Long-Term Care

- Community partners
- Physical and mental health care
- Legal system





Clinical Overlap

- Collaboration with physical and mental health care providers and systems
- Disability and neurodiversity affirmative mental health
- Neurodiversity affirmative assessment tool



Redesigning Behavioral Health & Crisis Response

Upcoming
FREE Learning Series

December
2023

Neurodiversity & Disability: What We Make of Brain & Body Differences

Consider what it means to respect differences and value diversity to make sure we are not contributing to the oppression of neurodivergent and disabled populations.

MADISON, WI

March
2024

Humanizing Mental Health & Neurodivergent Flourishing

Gain a better understanding of the things that really impact our mental health and foster genuine happiness, health, and flourishing across the lifespan for fellow humans.

LA CROSSE, WI

May
2024

Trauma's Influence on the Brain, Body, & Behavior: Promoting Healing & Well-Being

Explore the impact of trauma and stress on the lives of neurodivergent individuals and how to proactively support "difficult behaviors" while promoting health and well-being.

MILWAUKEE, WI

August
2024

Looking Beneath the Surface of "Challenging Behavior"

Discover alternative models for understanding what challenging behaviors represent and how to best support people who experience them.

WAUSAU, WI

Each offered
in-person & virtually

Community Conversations
specific to grant efforts to
follow in-person offerings

3
CEs per
session

SUBSCRIBE



TO STAY INFORMED
& UP-TO-DATE:

<https://myplaceofmind.com/hcbs-grant>

What's Coming Up...

Learning Sessions

- In-person, virtual, and recorded options

Community Conversations

- In-person options following learning sessions
- Virtual option

Newsletter

Partnership Opportunities

Communities of Care & Support Collective Platform

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WOULD YOU ADD ANY BRICKS TO THE WALL?





<https://myplaceofmind.com/hcbs-grant>

hello@myplaceofmind.com

