

Humanizing Health: A Fellowship Venture



Do you strive for individualization but struggle to find the time, feel exhausted, and don't know where to start?

Are you juggling many different points of view?

Do you notice opportunities and want to make changes but are not sure how to go about them?

Do you get excited about learning new information and ways of thinking?

Would you like time, space, and support to apply new things in practical ways?

If so, this opportunity may be for you! It is an investment to join with others to make concepts like citizenship and inclusion that are woven into Community[®] real by bringing meaning to the words; living the aspirations; and putting them into context. This journey will be an advanced study in learning, unlearning, growing, and skill building with faculty in the context of long-term support grounded in brain and body science and the shoes of members throughout their lives. It will focus on doing things differently, rather than doing more by holding space for ourselves, others, and knowledge.

Throughout the venture, new and updated practices will be explored and time and support will be provided to integrate the new information in practical ways both personally and professionally. This three-part hybrid fellowship will consist of virtual meetings, small group support, and individualized reflection time. Due to the nature and format of this opportunity, space is limited.

Participants are asked to commit to 2.5 regularly scheduled hours per week for Hybrid Learning Part 1 & 2

1

Hybrid Learning Part 1

September to December 2021

12-weeks, 30 hours of becoming agents of inquiry through orientation and learning foundational concepts and information.

2

Hybrid Learning Part 2

January to March 2022

12-weeks, 30 hours of becoming agents of change through building upon learning and real-life application of knowledge.

3

Shared Learning Opportunity & Community

Opportunity to provide organizational feedback and be part of a learning community for ongoing support.

Space for others

How we understand and see people and what is possible shapes how we support them and enhance communities. Promoting full citizenship and the common good for all requires considering each person and their unique brain, body, and context.



Space for self

It's not about doing more or extra, but doing differently. How we invest ourselves matters when doing this work. Doing differently means standing in the current instead of always going with the flow. To do this, we will focus on promoting our own resilience; staying grounded; and gaining clarity so that we are able to close the integrity gap by sitting with tension, uncertainty, and conflict without assuming a quick fix or answer.



Space for knowledge

Generating knowledge through investment in learning and thinking together with a focus on updated practices and research as it relates to disability, neurodiversity, neuroscience, mental health, and general health and wellness. With a responsibility to the knowledge, find opportunities to be agents of change by doing and trying differently together to counter longstanding cultural and organizational differences.



CULTIVATING

Radical Inclusivity

Long-term Learning

Citizenship in context

Comprehensive Wellness

TOPICS

Understanding Disability > Neuroscience 101 > Neurodiversity > Reframing Behaviors > Identity & Citizenship > Health & Wellness > Stress, Healing, & Trauma > Relationships & Coregulation > Plus more!

As fellows explore these topics they will also focus on personal awareness and experiential learning in the context of providing community-based long-term care.

BENEFITS

- COVERED tuition and materials
- 60 continuing education units (30 units earned after completion of each part 1 & 2) - Including 4 hours of ethics & boundaries
- Support and mentoring from faculty
- Ability to integrate course time within current work schedule
- Dedicated time for learning and reflection
- Recognition within and outside of the organization as an agent of change
- Connection to a learning community for on-going support
- Opportunity to become a mentor in future fellowships

FACULTY

Dr. Angela Marx is a licensed psychologist and the founder of Place of Mind, LLC. She has been joining with children, adolescents, adults, and families in various roles and places for almost half her life and has been in academia studying and training in clinical psychology for the past 12 years. Although she considers herself a scientist and uses research and knowledge, she also knows that there is so much more that we do not know and focuses on each person's experience to join and learn with them. Dr. Marx specializes in assessment and facilitating mental health and wellness with neurodivergent children, adolescents, and adults to help them discover and define who they are and find (or create) the places where they belong and flourish.

Becky Woods Bauknecht is a Senior Manager Behavioral Health with Inclusa, Inc. Becky began working in the field of social work in 1987 and holds a CSW. Having had the privilege of getting to know many individuals, Becky works hard to truly see and hear people. Becky has worked with the Family Care Program since its beginnings as a county pilot to present day Inclusa. Through the years Becky has adopted "tag lines". This year is "What am I doing today that in 10-15 years people will be saying, 'What were they thinking?'" Here's to the next generation of social workers who will look at what we have done and do differently, better.

Katie Getschow is a Clinical Consultant with Place of Mind, LLC and a Bachelor's prepared Registered Nurse that has dedicated her professional career to caring for women and children from diverse and vulnerable populations. Through her work as a Clinical Consultant, she has shifted her approach from the traditional philosophy of nursing; unlearning elements so heavily ingrained in fixing, solving, and seeking concrete outcomes, to instead joining with individuals and teams through a health and wellness lens, offering advocacy, support, and accommodations that embrace each individual's unique brain and body.

Kristin Gremban is a Clinical Consultant with Place of Mind, LLC and a masters-level clinician that has dedicated nearly two decades of her professional career to improving the quality of care received by neurodivergent minds throughout the lifespan in her work in diverse settings; including managed care, residential facilities, domestic abuse shelters, substance abuse treatment, adult day programming, integrated employment and clinical mental health therapy. During her ten-year experience in managed care she worked in various roles within care management, behavioral health, quality improvement, and on the leadership team. Kristin has spent much of her work fostering climates that investigate and address underlying causes and unmet needs behind surface-level behaviors. As a Clinical Consultant, Kristin joins with people to better understand unique brain and body needs and preferences to cultivate happier and healthier lives.

Guest speakers will include people who use long-term care, neurodivergent voices, and direct support professionals, among others.

Interested in learning more?



Let us know by completing a **Fellowship Interest Form** by July 7th, 2021.

You will then be contacted to talk more about this opportunity to see if it's a fit for you!

FOR ADDITIONAL INFORMATION, VISIT:

www.myplaceofmind.com